

Studying Tips Based on Multiple Intelligences (How You Learn)

Verbal Linguistic (Word Smart): Word smart people are good with words, letters, and phrases. You enjoy activities such as reading, playing scrabble or other word games, and having discussions.

- Make flashcards for vocabulary AND key concepts (speak aloud when self-quizzing)
- Read textbook, notes (ones you took in class and from PowerPoint on website), handouts, etc. (repeat if necessary)
- Take extra notes on tougher parts of chapter(s)
- Rewrite key concepts and definitions
- Orally summarize section to another person (friend, parent, etc.)
- Re-organize class notes
- Orally recite definitions and key concepts

Logical-Mathematical (Number Smart): Number smart people are good with numbers, logic, and equations. You enjoy coming up with solutions to logical problems and figuring things out.

- Organize chapter notes into an outline (roman numeral style)
- Transform your notes into numeric charts, graphs, and tables.
- Put information you receive into categories and classifications that you create
- Compare/contrast previously learned items with new concepts (rock cycle vs. carbon & nitrogen cycles)
- Formulate analogies to describe abstract or complex ideas
- Devise a mnemonic device to help remember methods or multi-faceted definitions/terms

Visual-Spatial (Picture Smart): Picture smart people are good with art and design. You enjoy being creative, watching movies, and visiting art museums.

- Sketch pictures that go along with your notes or in the margins of your textbooks
- Draw a picture on a flashcard for each concept or vocabulary word you study
- Design charts, tables, diagrams, foldables, and/or other graphic organizers to organize and keep track of what you learn
- Picture images and scenarios in your mind to associate with different concepts and ideas
- Re-watch videos from class
- Make visual flash cards to study vocabulary and key concepts

Bodily Kinesthetic (Body Smart): Body smart people work well with their hands. You enjoy physical activity such as exercise, sports, and outdoor work.

- Write concepts/terms down in your own words
- Act out the concepts you need to remember
- Look for real-life examples that demonstrate what you're learning about
- Utilize manipulatives and interactive web material to master difficult concepts
- Try studying while moving or exercising
- Use physical motions to articulate vocabulary and key concepts
- Draw or write things in the air as you think about them

